

# The Natural High

Ponyboy explained that his older brother Soda didn't need to drink because he got *drunk on just plain living*. It would seem that Soda understood the power of what some people call *a natural high*. In your own words, explain the experience. What are some conditions that create such a state of extreme happiness without drugs or alcohol? What does it look like? Is there an activity or an event that lifts your spirits to such heights?

Use the organizer below to gather your thought and ideas about this phenomenon. Then write a composition about the power of **The Natural High**.

